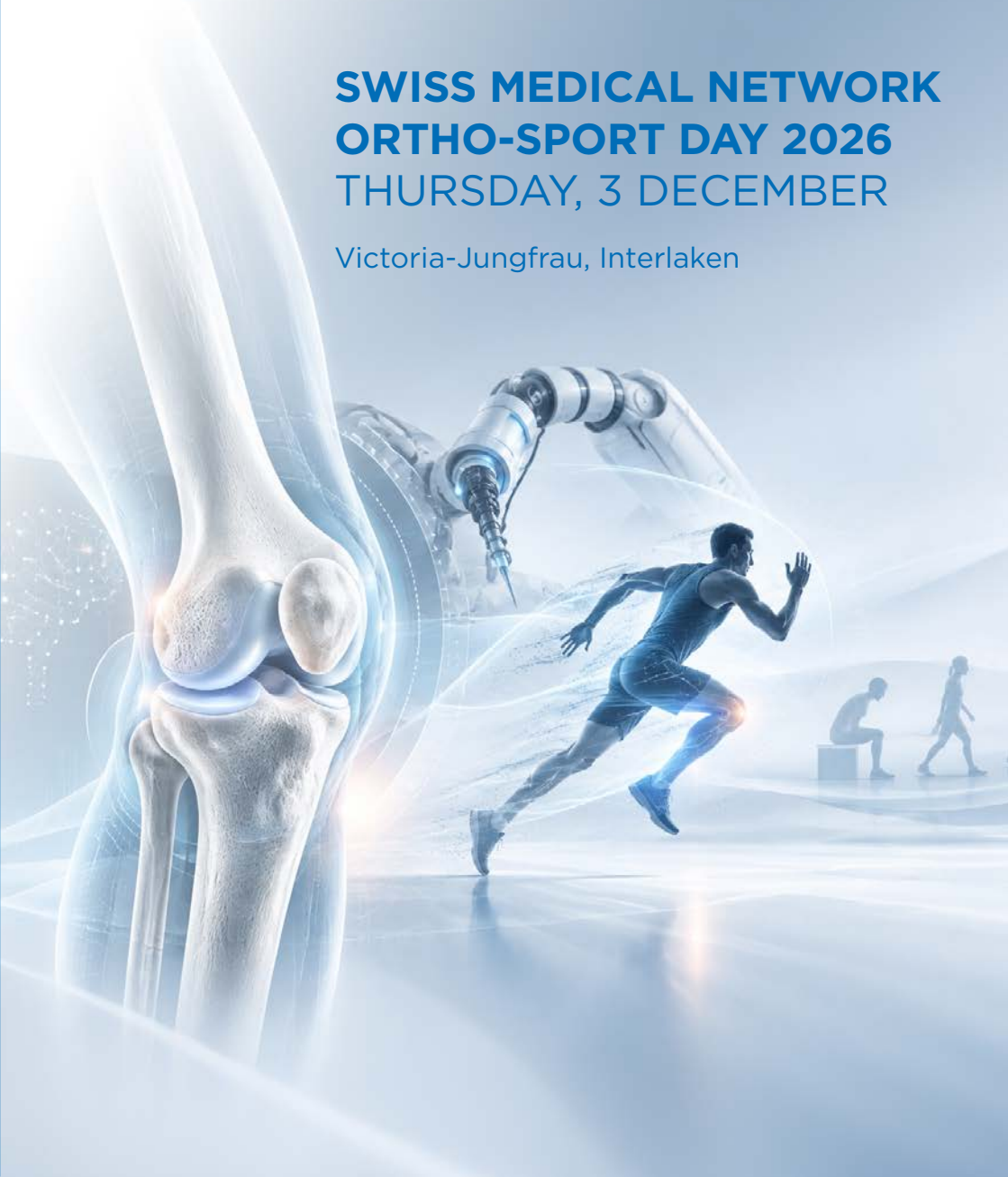
SWISS MEDICAL NETWORK

SWISS MEDICAL NETWORK ORTHO-SPORT DAY 2026

THURSDAY, 3 DECEMBER

Victoria-Jungfrau, Interlaken



WELCOME COFFEE & REGISTRATION 10:00 – 10:30

OPENING 10:30 – 10:45

Dino Cauzza
CEO
Swiss Medical Network

Prof Dr Victor Valderrabano
FMH Specialist Orthopaedic Surgery and Taumatology
Sports medicine (SEMS/GOTS)
Swiss Ortho Center – Schmerzklinik Basel – Privatklinik Obach

SESSION I – ORTHOBIOLOGICS

Moderator: Dr Marco Marano

10:45 – 11:05
[+5 Q&A]
Adipose-derived orthobiologics in joint preservation: Evidence, indications and comparison with PRP
Dr Thomas Giesen
FMH Specialist in Orthopaedic Surgery and Traumatology of the Musculoskeletal System, FMH Specialist in Hand Surgery
Ars Medica Manno – Ars Medica Bellinzona

11:10 – 11:30
[+5 Q&A]
Orthobiologics in Sports Medicine: Evidence, Indications and Limits
Dr Jörg Peter Dünkel
Specialist in General Internal Medicine
Sports and Exercise Medicine (SEMS)
Independent physician SportKlinik in Bern

11:35 – 11:55
[+5 Q&A]
Regenerative Nerve Decompression (RND): Use of Adipose Derived Stem Cells for Chronic Neuropathies and Occipital Neuralgia
Dr Giorgio Pietramaggiori
Plastic surgeon in Lausanne

SESSION II – JOINT LESIONS IN SPORT

Moderator: Dr Ivan Tami

12:00 – 12:20 [+5 Q&A]
Athlete testimony: injury, treatment, rehabilitation and return to performance
Elvis Merzlikins
Hockey

12:20 – 12:40 [+5 Q&A]
Conservative Treatment and Rehabilitation: What Really Works?
Mr Stefano Grosjean
Fisioterapia
Ars Medica Manno

LUNCH & NETWORKING 12:45 – 13:45

Moderator: Dr Ivan Tami

13:45 – 14:05 [+5 Q&A]
Early osteoarthritis and sport: when to continue, adapt or stop?
To be defined

14:10 – 14:30 [+5 Q&A]
Osteochondral lesions in athletes: current concepts and future directions
Prof Dr Victor Valderrabano
FMH Specialist Orthopaedic Surgery and Taumatology
Sports medicine (SEMS/GOTS)
Swiss Ortho Centre – Schmerzklinik Basel – Privatklinik Obach

SESSION III ARTIFICIAL INTELLIGENCE & ROBOTICS

Moderator: Dr Alec Cikes

14:35 – 14:55 [+5 Q&A]
Artificial intelligence in orthopaedics and sports medicine: current applications and futures perspectives
Mr Mo Saffarini
MEng, MBAPrincipal Investigator at ReSurg
ReSurg, Founder & Chief Scientist
ProSurg, Co-founder & President

15:00 – 15:20 [+5 Q&A]
Robotics, computer-assisted surgery and advanced imaging: added value or marketing?
Prof Dr Olivier Guyen
FMH Specialist Orthopaedic Surgery and Taumatology of the musculoskeletal system
Specialist in knee and hip replacement
Clinique de Genolier

15:25 – 15:45 [+5 Q&A]
Agile+®: an integrated clinical pathway for rehabilitation and return to activity
Nina Landheer
Leitung Care Management
Klinische Fachspezialistin
Rosenklinik Rapperswil

15:50 – 16:15 COFFEE BREAK

Moderator: Prof Dr Victor Valderrabano

16:15 – 16:45
Round Table: The future of orthopaedics and sports medicine
Dr Marco Marano
Mr Stefano Grosjean
Prof Dr Olivier Guyen
Mr Mo Saffarini

16:45 – 17:00
Conclusion
Prof Dr Victor Valderrabano
FMH Specialist Orthopaedic Surgery and Taumatology
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